

# Invisible Influence: The microbiome in health and disease.

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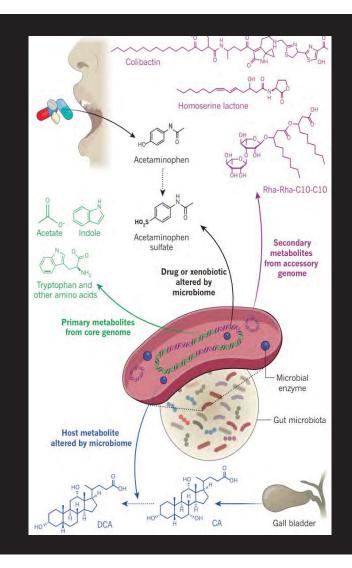


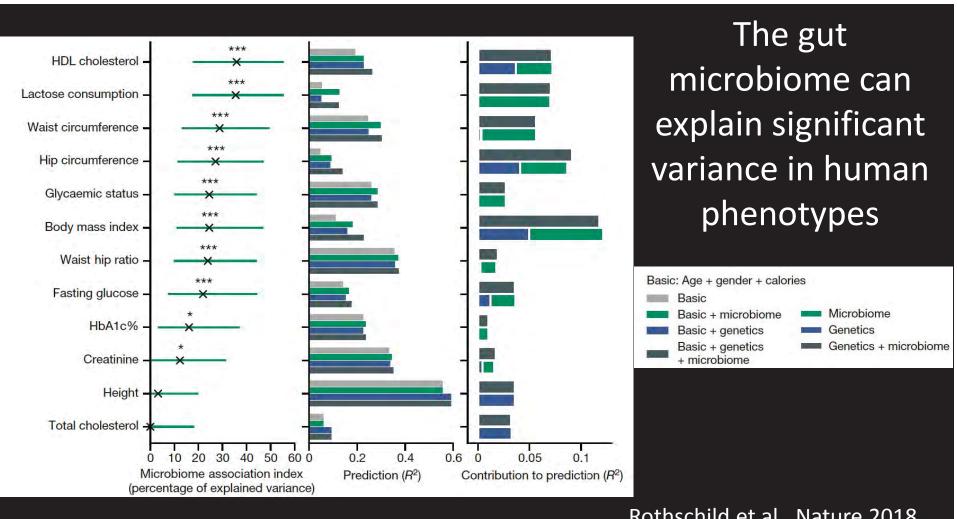
## Microbiome Wide Association Studies

Identifying the association between microbial activity and human health and disease

"Everything touches everything" Jorge Luis Borges

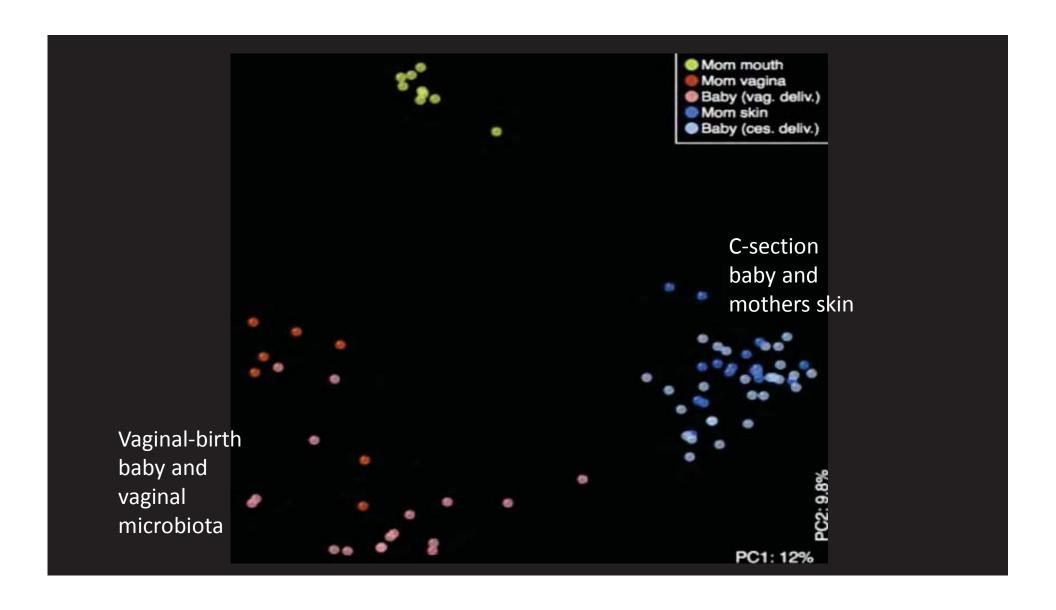
Gilbert et al., 2016 Nature





Rothschild et al., Nature 2018





#### **Microbially Unique**

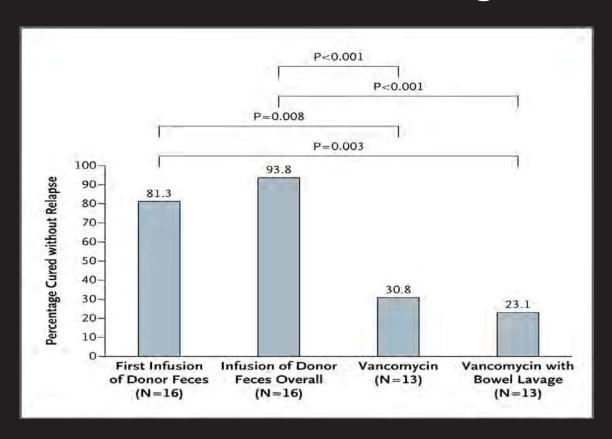


All people have a unique microbiome, because each of us live a unique life; even identical twins!



Cancer; Inflammatory bowel disease; Irritable bowel disease; Diverticulosis; Surgical infections; Liver disease; Metabolic syndrome; cardiovascular disease; diabetes; obesity; Acne; Atopic dermatitis; Psoriasis; Auto-immune diseases; Sarcoidosis; Asthma; Seasonal allergies; hormonal imbalance; Dry eyes; Response to vaccines; Food-Pet allergies; Antibiotic recovery; C. difficile colitis; MRSA colitis; Sinusitis; Influenza; HIV/AIDS; Depression; Anorexia; PTSD, Anxiety, Autism, Alzheimer's, Dental caries; Body odor; Parkinson's; Dementia; Hyperphagia; Exercise; Smoking; Alcohol; Breast milk vs. Formula; Household Pets; Artificial Sweeteners; Prematurity; Caesarian vs. vaginal birth; polycystic ovaries; Sickle cell disease; Anemia; Renal disease; Chronic pulmonary disease; Type I and Type II Diabetes; Encephalothopy; incontinence; Diarrhea; Rheumatoid arthritis; Cardiovascular Disease; ETC....

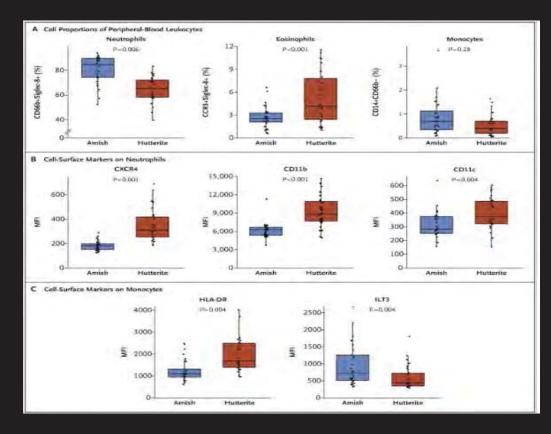
### Cure Rates of C. Difficile Colitis as a Function of Randomized Treatment Assignment







### Proportions of Peripheral Blood Leukocytes and cell-surface marker phenotypes in Amish and Hutterite Children

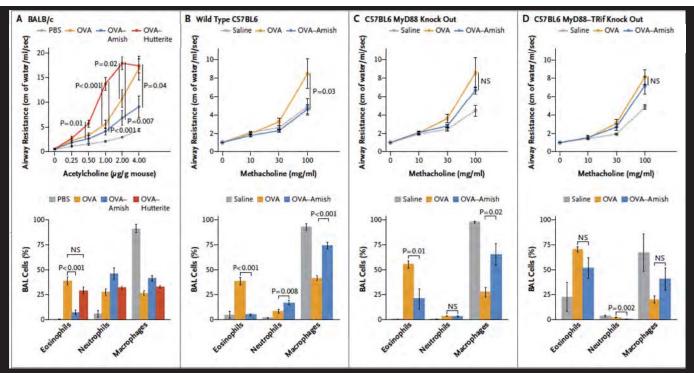


Peripheral-blood leukocytes from Amish children had increased proportions of neutrophils, decreased eosinophils, and similar monocytes compares with Hutterite kids.

Neutrophils in the Hutterite children were more aged than in Amish children.

No significant difference in Tregs were observed

Stein et al 2016, NEJM.



House dust was intranasally administered (over 4-5 weeks) to an ovalbumin mouse model of allergic asthma.

Eosinophilia and airway hyper-responsiveness was exacerbated in mice treated with Hutterite dust extracts.

Inhalation of Amish dust extracts was sufficient to significantly inhibit airway hyper-responsiveness, eosinophilia, and serum ovalbumin-specific IgE levels.

The inhibitory effects of these extracts in wild-type mice probably required innate immunity, because protection was absent in mice <u>deficient in MyD88 and Trif</u>

Stein et al 2016, NEJM.

#### Obesity





Morbidly obese man (385lbs) loses 113lbs by eating whole grains.

Liping Zhao – ISME 2012

#### Some bacteria can make you fat

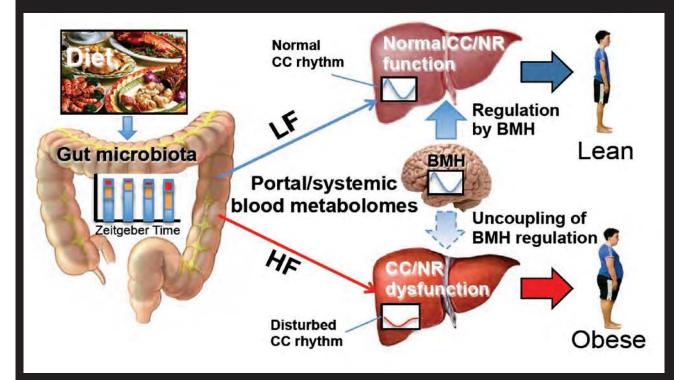




One bacterium – Enterobacter cloacea B29 made mice obese.

Liping Zhao – ISME 2012

# How does a high fat diet induce obesity?



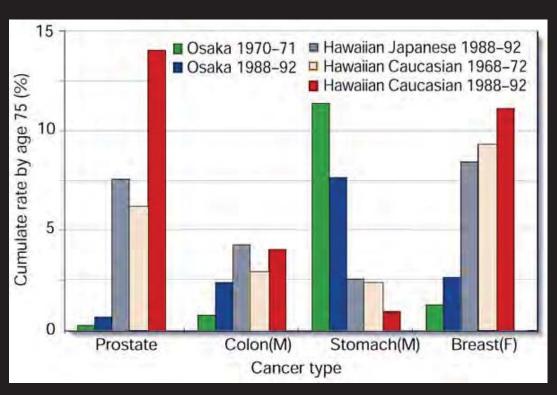


High fat changes the microbiome which affects hepatic hormones, adipose tissue production and appetite

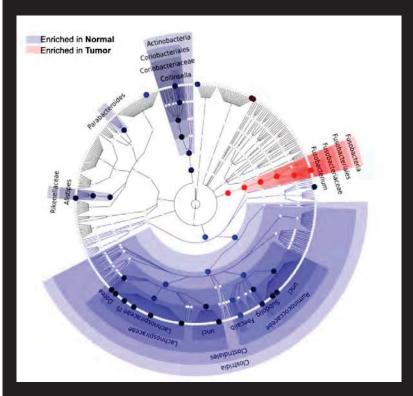
Leone et al., 2015 Cell Host Microbe

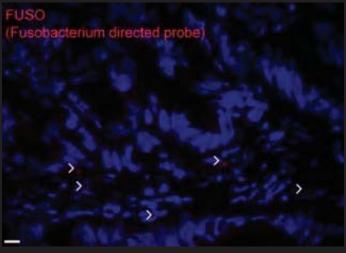


# Cancer rates in migrants become similar to those in the local population



# Fusobacterium nucleatum associated with CRC in humans



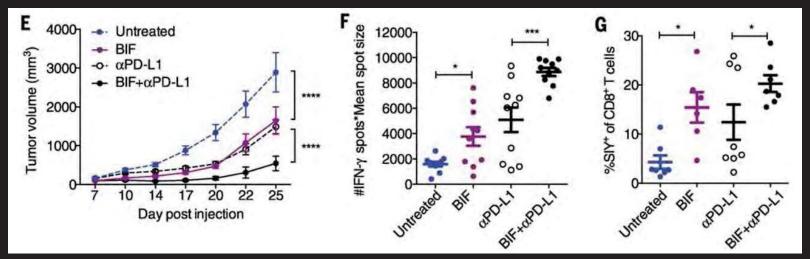


Recruits
infiltrating
immune cells and
modulates βcatenin signaling

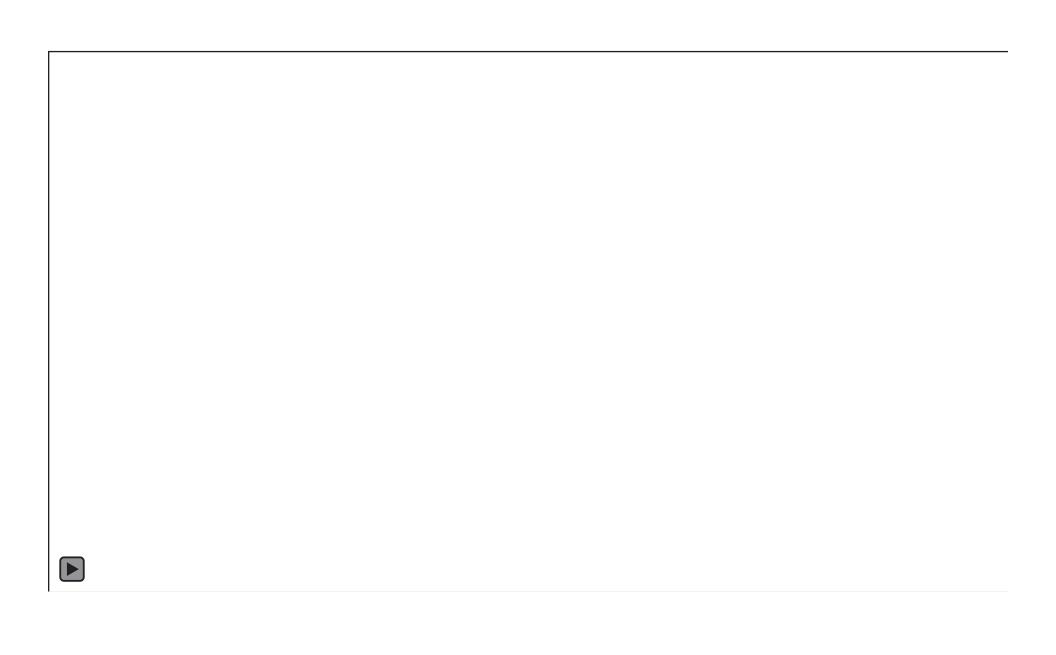
Castellarin et al. Fusobacterium nucleatum infection is prevalent in human colorectal carcinoma. Genome Res 2012;22:299–306. Kostic et al. Genomic analysis identifies association of Fusobacterium with colorectal carcinoma. Genome Res 2012;22:292–8.

Bifidobacterium can actively enhance the efficacy of immunotherapy

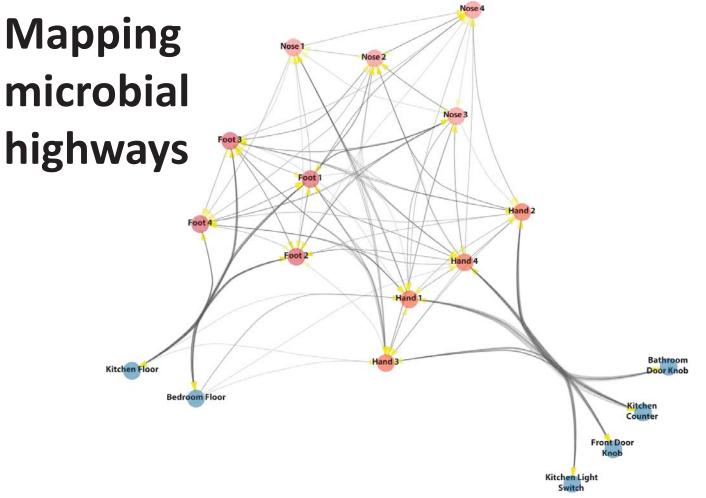
Probiotic dramatically enhances immunotherapy in preclinical tumor models Manipulating microbes and their metabolites can maximize tumor immunity in mice



Vetizou et al. Science 2015 & Sivan et al. Science 2015

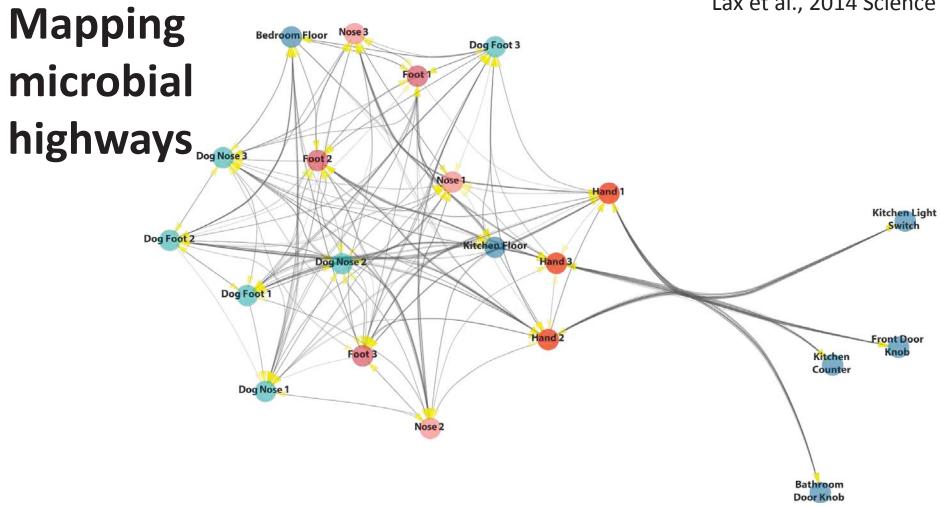


Lax et al., 2014 Science



Bayesian dynamic maps of microbial species distribution potential between family members and the home surfaces

Lax et al., 2014 Science

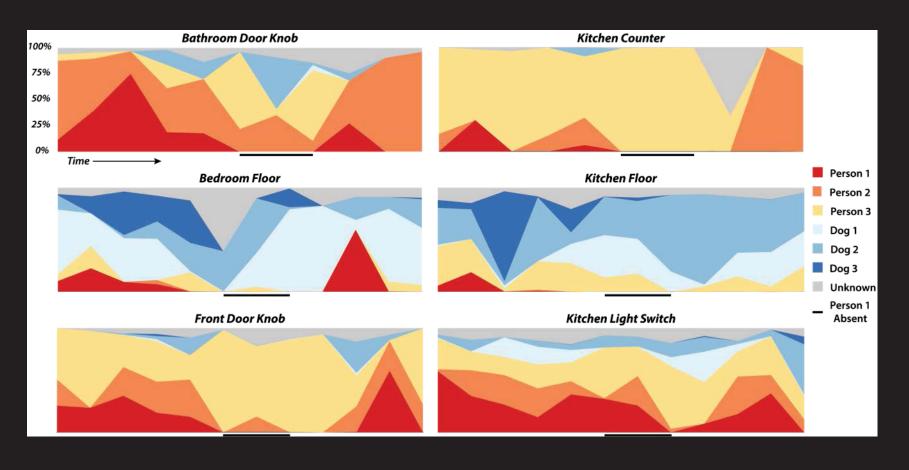


#### Dogs are Awesome!



My Dog Captain Beau Diggely

#### **Microbial forensics**



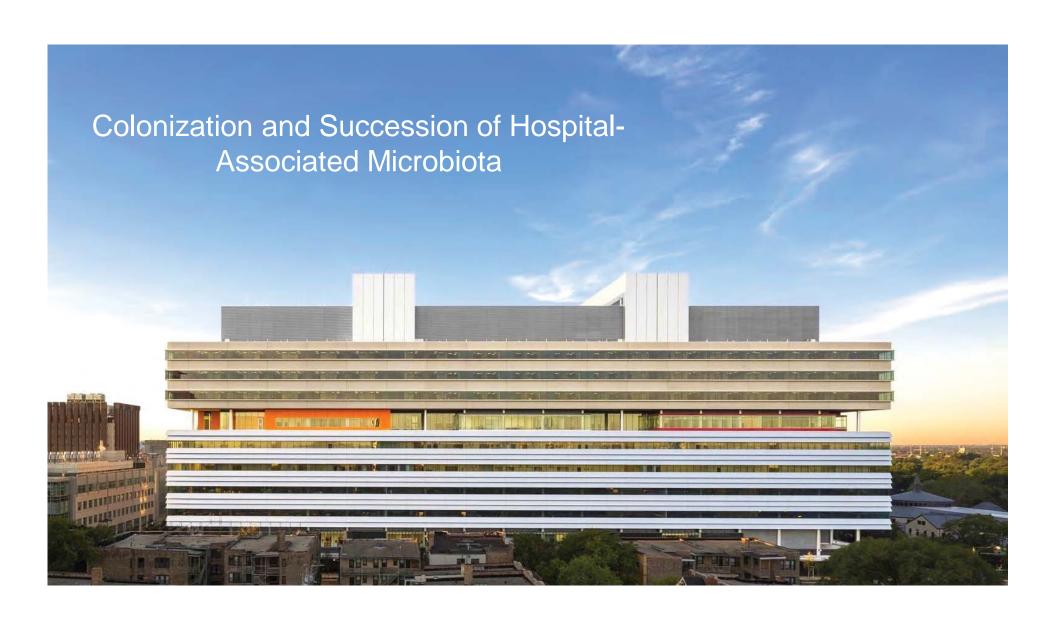
#### A strange new way torsely gratimes

The bacteria growing in and on the human body is so unique——and so revealing—that scientists believe germs will soon help catch bad guys

By Mandy Oaklander



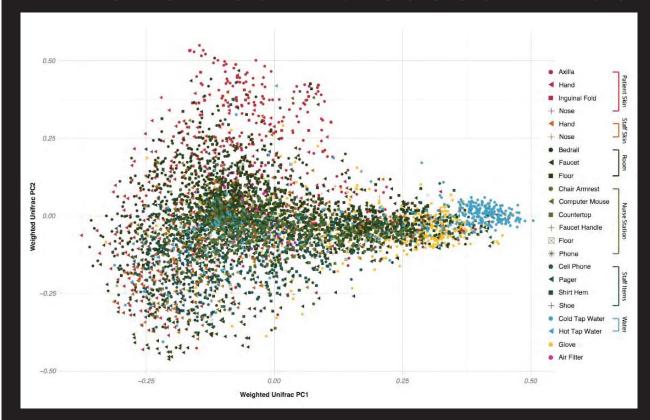
hind by the "burglars"



365 consecutive days: 2 months pre opening, and 10 months post opening Nose Nose Patient Hand Hand Skin Axilla Shoe Hospital Floor Uniform Staff Bedrail Cell Phone Patient Room Faucet Handle Pager Countertop Glove Air Filter **Computer Mouse** Nurse Station General Cold Tap Water Chair Hot Tap Water Phone

Lax et al., 2017

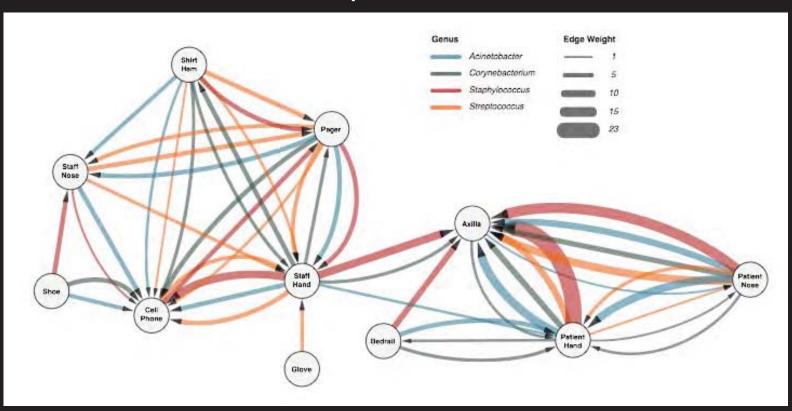
# Genotypes of the same bacteria showed increased ARGs over time



Staphylococcus,
Propionibacterium,
Anaerococcus and
Corynebacterium had a
consistently greater
number of antibiotic
resistance genes after 60
days of hospital
environmental exposure

Lax et al., Sci. Trans. Med. 2017

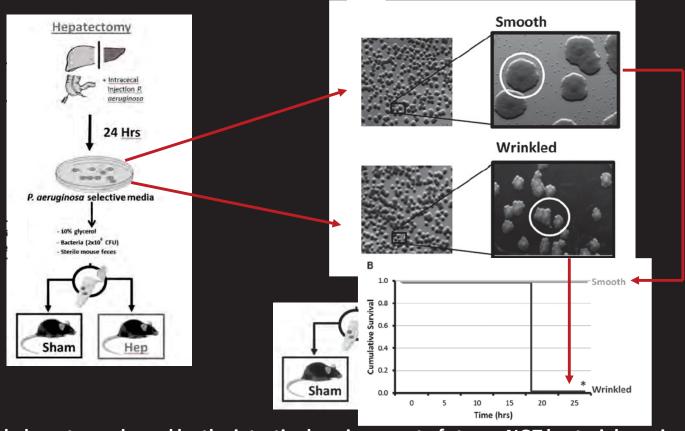
### Staff were consistently a greater source of bacteria to patients



Lax et al., Sci. Trans. Med. 2017

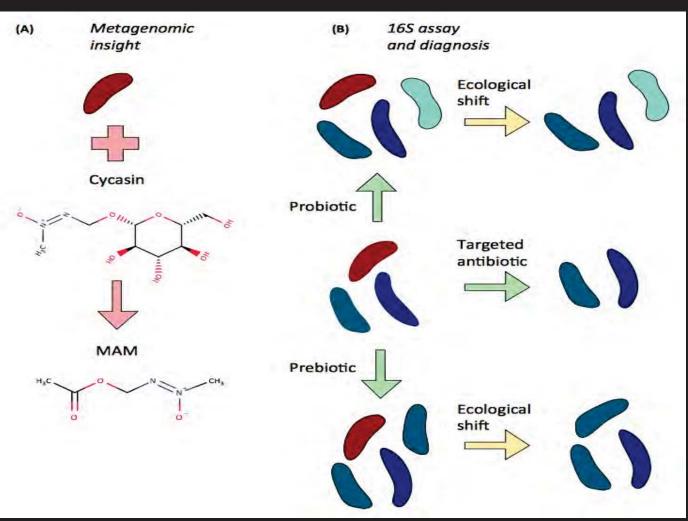


#### Within 24 hours, a lethal P. aeruginosa morphotype develops



Microbial phenotype, shaped by the intestinal environment of stress, NOT bacterial species, NOT immune background- caused death in this model.





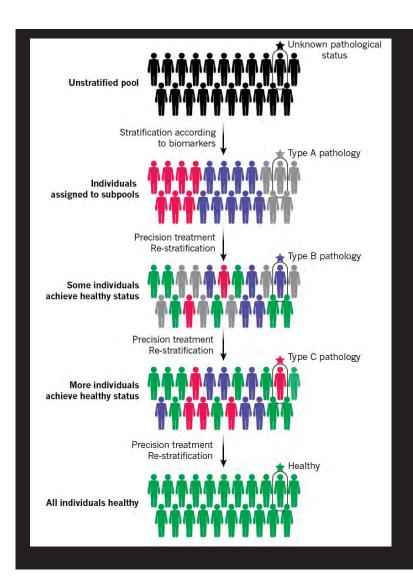
### Microbiome and Precision Medicine

#### **EXAMPLE:**

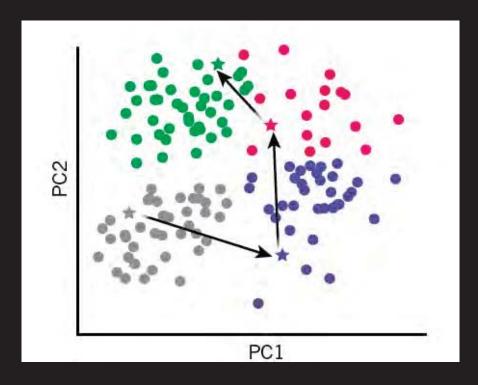
Potential strategies to alter the gut to reduce the abundance of an organism that can metabolize cycasin to produce the carcinogen methylazoxymethanol (MAM)

Kuntz & Gilbert, Trends in Pharmacological Sciences, 2016

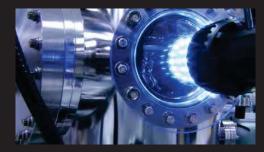
Spatz et al, Proc. Soc. Exp. Biol. Med.1967



## Precision medicine using the microbiome



Gilbert et al., 2016 Nature















Biological Discovery in Woods Hole



